



Updated COVID-19 Recommendations

when someone tests positive or is exposed with COVID-19

When someone tests positive	After Five Days...	
Stay home and isolate (stay away from other people and family members) for five days from the date of the test	<ul style="list-style-type: none">• <u>If no symptoms or symptoms are resolving after 5 days:</u><ul style="list-style-type: none">- Can leave your house but continue to wear a mask around others for five additional days	If continues to have a fever, remain at home until fever resolves, and then you can leave house but must continue to wear a mask around others for five additional days

Exposed to someone with COVID-19

<ul style="list-style-type: none">• Have been boosted <u>OR</u>• Completed primary vaccine series with Moderna or Pfizer vaccine (two shots) in last six months or J&J vaccine (one shot) in last two months	<ul style="list-style-type: none">• <u>No symptoms:</u> Wear a mask around others for 10 days and get tested on day 5 after exposure - if positive, see above.• If develop symptoms before five days: get a test and stay home.
<ul style="list-style-type: none">• Have not been boosted after receiving primary vaccine series with Moderna or Pfizer more than six months ago or J&J vaccine more than two months ago <u>OR</u>• Are unvaccinated or never completed primary vaccine series with Moderna or Pfizer	<ul style="list-style-type: none">• <u>No symptoms:</u><ul style="list-style-type: none">- Quarantine (stay home) for 5 days after exposure, and after that, continue to wear a mask around others for five additional days.- If cannot quarantine due to work or other situations, must wear a mask for 10 days- Test on day 5 after exposure - if positive, see above• If you develop symptoms : get a test and stay home.

UPDATED CDC Guidelines as of December 27, 2021 – which are always subject to change